

Meeting Scripts – Updated December 20, 2021

General Script for Meetings

A. OPENING

Hello everyone and Welcome to the Cherry Grove Off-Island Group of Alcoholics Anonymous. This is an Open Meeting of AA, which means that all are welcome.

We meet every day at 6 PM Eastern. We celebrate Anniversaries of One year or more the last Sunday of each month and our business meetings are held the third Wednesday of each month following our regular meeting.

Please visit our website at www.6pmmeeeting.com for more information and links to AA readings.

We ask that from this point forward, you continue to keep your volume muted until it is your time to share.

My name is _____ and I am an alcoholic. We open each meeting with the A.A. Preamble:

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership, we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Tonight, is a _____ meeting.

If a speaker:

“Tonight, to share their experience, strength, and hope with us is _____, a member of the _____ group [if the speaker has a group they wish to mention].”

If not speaker:

“Tonight, is a _____ meeting...”

B. SECRETARY BREAK

1. Thank the speaker.
2. Again, welcome to the Cherry Grove Off Island group of Alcoholics Anonymous. We meet here every day at 6pm. This is an open meeting, and ALL are welcome. In keeping with the Third Tradition the only requirement for AA membership is a desire to stop drinking.
3. Are there any visitors who would like to say “Hello” and where they are from?
4. Is there anyone in their first 90 days of sobriety who would like to say, “Hello”? We ask you this not to embarrass you, but to get to know you better.
5. Is there anyone in their first year who would like to share their day count?
6. Is there anyone celebrating an anniversary of one year or more in the month of _____?
7. Are there any announcements for the good of AA?
8. Is there anyone here who is willing to be a Sponsor, if so, please raise your hand. If there is anyone here looking for a sponsor, please reach out to these people that have their hands raised through private chat and exchange numbers.

C. 7th TRADITION

The 7th Tradition of Alcoholics Anonymous states” “Every group ought to be self-supporting, declining outside contributions.” Our group has minimal expenses, operating as we do – 7 days a week online. In light of the 7th Tradition, we ask that you make any contributions on our behalf to AA World Services, NY Intergroup, or Suffolk Intergroup Association. Links to each are provided on our Home Page.

D. MAILING LIST

If you would like to be on our mailing list, please use the link on the home page to add your name. You can share your name / email address / phone number and sobriety dater if you like.

E. ANONYMITY

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities. With that in mind, what you hear here, who you see here, when you leave here, let it remain here.

F. SHOW OF HANDS

We continue our meeting and ask that if you wish to share, you raise your virtual hand, or your physical hand and our leader or chairperson will call on you. Please remain muted, until it is your turn to share. *Please try to keep your comments to three minutes or less* so that everyone who wishes to share has a chance to do so.

G. CLOSING

We close out meeting at 7PM with the Serenity Prayer. You are invited to remain after for Fellowship. And now we return to our meeting. Please use the virtual hand or your real hand to be called on.